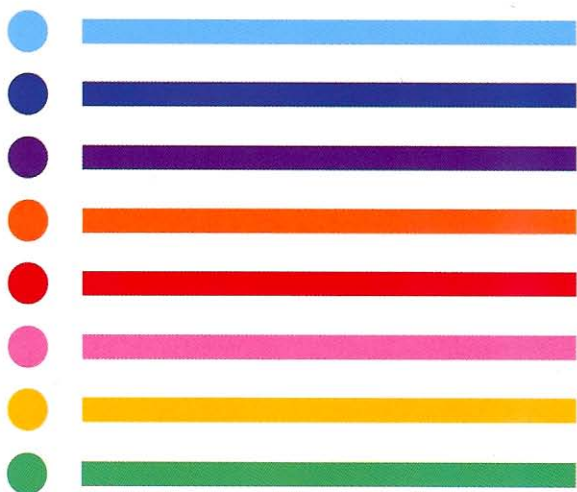


LISTS FOR LIFE

THE ESSENTIAL GUIDE TO
GETTING ORGANIZED AND
TACKLING TOUGH TO-DOS



**RORY
TAHARI**

TRAVEL

BabyCenter: babycenter.com

Centers for Disease Control: cdc.gov/travel

Expedia: expedia.com/daily/family

Family on Board: familyonboard.com

Family Travel Forum: familytravelforum.com

International Association for Medical Assistance to Travellers: iamat.org

Merck: merck.com/mmhe/print/sec25/ch303/ch303a.html

My Lifeguard for Health: mylifeguardforhealth.com

Safe Kids: safekids.org

GENERAL

Daily Candy Kids: dailycandy.com/kids/everywhere

Goop: goop.com (Gwyneth Paltrow offers tips for kid friendly activities)

Momcierge: momcierge.com

BOOKS

I'm not going to dole out parenting advice, but you may find the following books to be helpful or of interest. Please note that these lists are from parenting expert Jean Kunhardt's Soho Parenting website

and have been reprinted with permission and adapted to be more accessible.

PARENTING

Best Friends, Worst Enemies: Understanding the Social Lives of Children, by Michael Thompson and Catherine O'Neill Grace with Lawrence J. Cohen

The Blessing of a Skinned Knee: Using Jewish Teachings to Raise Self-Reliant Children, by Wendy Mogel

The Emotional Life of the Toddler, by Alicia F. Lieberman

Healthy Sleep Habits, Happy Child, by Marc Weissbluth

The Hurried Child: 25th Anniversary Edition, by David Elkind

Nurturing Good Children Now: 10 Basic Skills to Protect and Strengthen Your Child's Core Self, by Ron Taffel with Melinda Blau

1-2-3 Magic: Effective Discipline for Children 2-12, by Thomas W. Phelan

Parenting by Heart: How to Stay Connected to Your Child in a Disconnected World, by Ron Taffel with Melinda Blau

Parenting, Inc.: How the Billion-Dollar Baby Business Has Changed the Way We Raise Our Children, by Pamela Paul

The Power of Play: Learning What Comes Naturally, by David Elkind