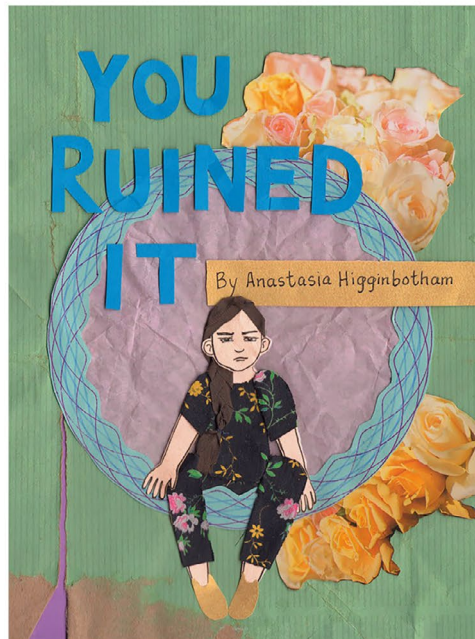


Anastasia Higginbotham talks with child therapist Lisa Spiegel about *You Ruined It* TONIGHT 6 pm EST



[Register for the virtual book talk here](#)

The final book in Anastasia Higginbotham's Ordinary Terrible Things series. This one sheds light on the confusion and pain that many children feel in the aftermath of incest and sexual assault.

Dottir Press and Soho Parenting present a Virtual Book Talk and Q&A with Anastasia Higginbotham and Lisa Spiegel
Thursday, March 17th at 6PM EST

In this talk **Anastasia Higginbotham** and **Lisa Spiegel** will explore the ideas in *You Ruined It*, Anastasia's latest book featuring an 11-year-old girl dealing with the fallout of incest and disclosing the abuse. Anastasia will discuss:

- Her experience of making art as a way to heal and cope with harm (inner life and out in the world)
- How she uses art and writing to disrupt all forms of supremacy
- Why the distilled visual and narrative language of children's books is so powerful
- How this work can draw us all into a more just, honest, and beautiful existence

Also check out this recent *Bitch Media* interview with Anastasia!
[Not Just for Kids: A New Book Addresses the Unbearable Truth of Sexual Assault](#)

